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Friday, January 22, 2016

Annual Networking Meeting



The Central Coast Chapter of CAMFT invites you to join us on the beautiful Central Coast on Friday, January 22nd, 2016 from 9-11 a.m. at the Unitarian Universalist Fellowship in San Luis Obispo.

For those of you who have yet to attend our annual networking meeting, this is the *one* meeting per year that we spend time sharing of ourselves as individuals and agencies to

educate, inform and promote. We learn what's available to us, and invariably increase our resources.

Making a referral can be a challenge if we don't have specific knowledge/information about a provider or agency as well as area(s) of expertise. Meeting someone face-to-face and learning about them is one of the best ways to educate ourselves.

This meeting is an ideal time to bring your marketing materials, share your resources and area(s) of specialization and catch up on what your friends and associates are up to in the therapeutic community!

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President's Column

Happy Holidays!

The holidays are here again, WOW, where did this year go! We will be saying good-bye to 2015 and bringing in 2016. As I look back on 2015 I feel blessed to have been part of our Board, and have had the opportunity to work with some really great therapists. Our Board is comprised of some awesome people who care about our profession and the community we serve, and they have

worked hard to bring you some relevant and essential trainings (DSM 5, Legal and Ethics and others) and set up our own Facebook page. I believe having trainings throughout the year helps keep our profession informed,



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DATE
Friday, January 22, 2016

TIME
9:00–11:00am
(for longer socialization, you may arrive at 8:30!)

LOCATION
Unitarian Universalist Fellowship

COST
Free

Meeting Location & Directions

Unitarian Universalist Fellowship
2201 Lawton Avenue
San Luis Obispo, CA

UUF is located on South Street between Higuera and Broad in San Luis Obispo. It is just east of Meadow Park. You may turn on Lawton or on Meadow for parking in the lot.

Central Coast CAMFT 2016 Board of Directors

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Central Coast CAMFT 2016 Program Dates

Please note that our meetings are on the 4th Friday of the month with the exception of November, when our meeting is on the 3rd Friday.

January 22—Annual Networking Meeting

March 25—Yoga for Emotional Self-Regulation

April—Law & Ethics full-day workshop (date not yet set)

May 27, July 22, September 23 & November 18, 2016—Programs TBA

President's Column

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and even more importantly it offers the opportunity to come together and connect. Our profession can be isolating, and I for one much prefer exchanging ideas, collaborating and being able to receive support when needed from my peers.

As we prepare to enter 2016 I would like you to ponder the question, "How is having your own local CAMFT Chapter benefiting you?"

Are there other needs we could be fulfilling? Let us know; we would love your feedback.

I would also like to remind you we have positions that we still need to fill, one of which is the **Treasurer**, a critical position to the Board and a Programs Chair. We have a book-keeper, which makes the Treasurer job a lot easier. We also need a **Program Chairperson** and a **President Elect**, as I will have completed two years' service as Chapter President at the end of 2016. These opportunities not only enhance your professional growth, and allow you to work with some awesome people, but it also gives you the opportunity serve a larger whole and that can be the reward in and of itself. Our Chapter can only exist with members of our profession being willing to volunteer their time...we hope you consider joining us!

May you all have a wonderful holiday and I look forward to seeing you January 22, 2016 at our annual networking meeting!

*Susan Harney, LMFT
2015-16 Chapter President*

January Meeting

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Once again we invite local agencies to "represent" so we know who's who in our community!

Please share this information with local service agencies so that representatives attend to share the information therapists need to optimize wellness within our therapeutic community—for our clients and ourselves!

- Join or renew your membership to our local CAMFT chapter. Check your membership status if you are not certain when you need to renew!
- Take this opportunity to introduce yourself to the group.
- Bring business cards, brochures, flyers—just remember that we would like you to take with you what remains!
- Let us know of any upcoming presentations of classes that might be of interest to members.

Bring a friend! Bring an intern!

We are looking forward to a great New Year, starting with our annual gathering of colleagues and following up with five two-hour presentations (free or \$20 for two CEUs for our Chapter members) and our annual full-day workshop, for which we will once again have Dave Jensen, JD of CAMFT. We plan to again host a second full-day workshop in the fall as we did in 2015, and we welcome your suggestions.

2015-16 Board of Directors